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#1 DAILY NEWSPAPER IN CENTER CITY

CATALDI: TIME TO GO, CHARLIE {page 20}

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PAIGE OZAROSKI/METRO

Headaches from horseplay at urban stables

Quirky inner-city subculture touts its role in giving young people wholesome outlet Animal welfare workers rescue two to five horses every month because of substandard care {page 02}

▶ Derrick Allen, 15, left, rides with Milan Ferrell, 14, through the streets of North Philadelphia yesterday on horses from Fletcher Street Riding Club.

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Philly's equine love is not just horsing around

- Stables and riding clubs dotting the inner city landscape called 'tradition' by owners
- PSPCA describes many 'backyard' owners unprepared for animals' needs for food, space

Almost every weekend, Bryhen Carter, 28, can be seen riding a thoroughbred horse through the streets of North Philadelphia past trash-strewn lots and aging rowhomes.

For Carter, a product of the storied Fletcher Street Riding Club, the longtime hobby helped teach him responsibility and kept him off the streets as a youngster.

"When I was about 13 and had my own pony, I knew for a fact that if I didn't get down there before and after school, they weren't going to eat, they weren't going to be clean, they weren't going to have their stalls cleaned," Carter said.

While Carter and other enthusiasts love owning a horse in the city, which is permitted by law, animal welfare officers are not keen on it, pointing to the number of irresponsible owners. Horses are the leading victim of animal cruelty complaints in the city behind dogs and cats, according to the Pennsylvania Society for Prevention of Cruelty to Animals, which removes two to five horses a month.

"Most people, they really don't think about the cruelty aspect. They're just getting a horse and they're not actually thinking about what they need financially and spacewise and even the knowledge of horses," spokeswoman Wendy Marano said.

The recovered horses are usually purchased for cheap at auctions and kept in "backyard ownership," Marano said. The animals are often found with their ribs showing due to malnourishment, have sores, the wrong shoes or lack proper veterinary care, she said. She cited a case earlier this year where an owner surrendered three malnourished horses to avoid animal cruelty charges.

"The question people should be asking themselves is not whether I'm allowed to have a horse, but should I have a horse," she said.

Ellis Ferrell, head of the Fletcher Street Club, acknowledged that some buy horses for the wrong reasons, but that most owners take it seriously.

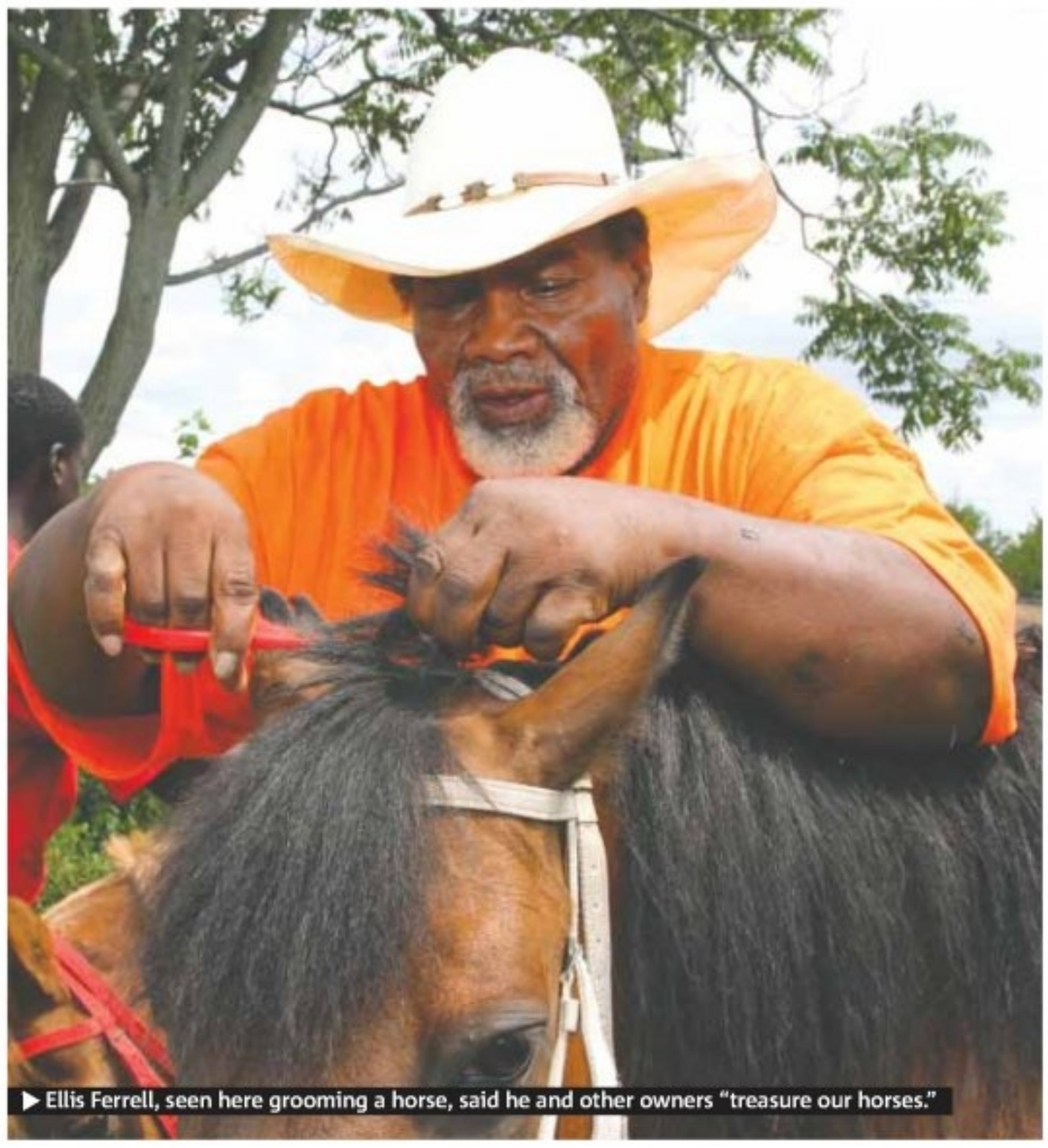
"It's a tradition for us to have horses," he said. "Really, it's a lost art because it's something that we grew up with."

"Most cities that we've looked at have some prohibitions regulating horses in residential areas, but we realize the historic nature, so it would be accurate to say we're reviewing it."
BRIAN ABERNATHY, CHIEF OF STAFF TO MANAGING DIRECTOR RICH NEGRIN

SOLOMON D. LEACH
sleach@metro.us

PHOTOS BY PAIGE OZAROSKI/METRO

▶ Zamere Stowe, 13, helped groom a horse yesterday.



▶ Ellis Ferrell, seen here grooming a horse, said he and other owners "treasure our horses."

What is prohibited?

While horses are permitted, city law prohibits owning certain farm animals in all but a few designated areas like zoos, schools and slaughterhouses:

- Chickens
- Geese
- Ducks
- Turkeys
- Goats
- Sheep
- Pigs
- Cows
- Any similar creatures

'We treasure our horses'

The Fletcher Street Riding Club has had some setbacks since a highly publicized run-in with the PSPCA in 2008. In that incident, animal welfare officers took two ponies that it claimed were neglected, but were ordered by a judge to return them, according to Ellis Ferrell, the club's president.

Ferrell, 73, said he takes good care of the horses and plans to rebuild the program that once had 23 horses and up to 30 kids.

"We take good care of our horses because we treasure our horses," he said.

The club has lost its stables on West Fletcher Street and had trouble raising funds since the incident, but Ferrell said the club hopes to regain its land and jumpstart the tradition. METRO

In the news

3

People killed in a shootout at a Wilmington, Del., soccer field Sunday afternoon. Three gunmen opened fire on a crowd gathered for a game and members of the crowd returned fire, according to police reports.

In the news

N.J. man gored

A Cherry Hill, N.J., man was gored by a bull during Pamplona's annual running of the bills, according to the Associated Press. Aryeh Deutsch, 38, told the AP he tripped and fell into a crowd of runners sprinting ahead of one of the six bills that had broken away from the pack shortly before entering the bullring. He then found himself underneath the beast, staring up at it.

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Farm Aid music festival returns

Farm Aid's annual benefit concert will return to Pennsylvania in September, organizers announced yesterday.

The event, whose lineup include Farm Aid President Willie Nelson and Farm Aid board members Dave Matthews, John Mellencamp and Neil Young, will be held Sept. 22 at Hershey Park Stadium, its first time in Pennsylvania in a decade.

"The Farm Aid concert brings farmers and eaters together to grow the kind of agriculture that builds stronger communities and a healthier food system," executive director Carolyn Mugar said.

As always, the concert will support Farm Aid's work to support family-run farms and encouraging people to buy local. The organization has raised more than $40 million since 1985.

TIM MOSENFELDER/GETTY IMAGES

▶ Dave Matthews

The concert's concession stands will be stocked with locally sourced organic food from family-run farms.

"We've built a strong family farm movement to grow our economy, ensure our health and protect our environment. Farm Aid brings these Main Street values to transform the Wall Street-controlled farm and food system," Nelson said in a statement.

General admission tickets, which cost between $33.75 and $99.75, go on sale 10 a.m. Friday and can be purchased through Live Nation or Ticketmaster's websites or box offices. Farm Aid members will be able to buy advance sale tickets starting today.

ALEX WIGGLESWORTH
awigglesworth@metro.us

Police. Officer's funeral

▶ The police department set up a memorial honoring the fallen Highway Patrolman at its Center City headquarters.

PAIGE OZAROSKI/METRO

Lorenzo to be laid to rest Friday

Arrangements have been announced for Philadelphia Highway Patrol Officer Brian Lorenzo, who was killed early Sunday by an alleged drunk driver speeding against traffic on Interstate 95. The funeral mass will be 11 a.m. Friday at the Cathedral Basilica of Saints Peter and Paul. METRO

Fracking puts Pa. water at risk, study finds

PENNSYLVANIA. Hydraulic fracturing for natural gas here may contaminate drinking-water supplies, a study by Duke University professors has concluded.

The report, published yesterday in the Proceedings of the National Academy of Sciences, said a chemical analysis of 426 shallow groundwater samples found matches with brine found in rock more than one mile (1.2 kilometers) deep, suggesting paths that would let gas or water flow up after drilling. While the connection predates hydraulic fracturing, or fracking, it shows natural routes for seepage into wells or streams.

Gas drilling by fracking is booming in the Marcellus gas field, mainly in Pennsylvania, with permits issued for more than 11,000 wells mostly in the northeastern counties, such as Bradford and Susquehanna, studied by the scientists. BLOOMBERG

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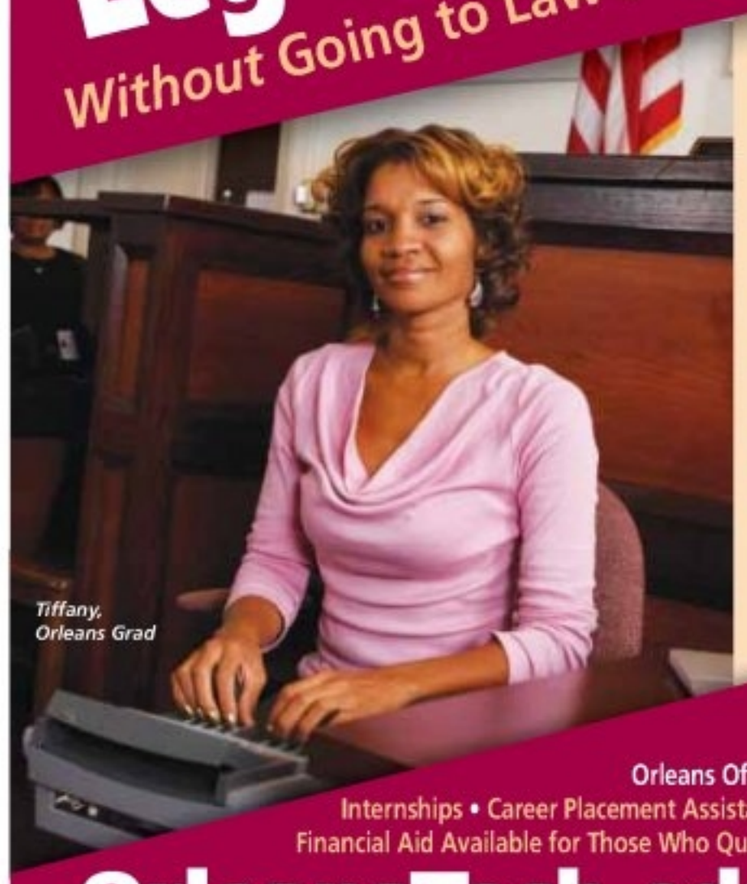

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Reward offered to help find Society Hill murderer

Parents say IT professional 'loved the city' and his life in hip neighborhood He was shot during robbery

RICARD LARMA/METRO

▶ Clark said detectives "believe somebody saw something — and no matter how trivial you believe that is, we need you to contact us."

Police today announced a $40,000 reward for information leading to the arrest and conviction of those responsible for the July 1 shooting death of Michael Hagan, 32, a technical consultant who was found shot in the chest near Fourth and Lombard streets and died an hour later.

"He just loved the city," Carol Hagan said of her son, who moved to Philadelphia from Pennsauken, N.J. to attend Drexel University in 1993 and later bought a house on the 1500 block of Earl Street. "He loved being part of the revitalization of Fishtown."

Carol Hagan cited two other shootings that have occurred in the same area over the past nine months.

"This is Society Hill," she said incredulously. "They were going out for a good time, a night on the town, and spending money in the city they love. ... Nobody warned these kids there was all this crime."

Homicide Capt. James Clark said Hagan went out with friends that night to Morgan's Pier at Delaware Avenue and Spring Garden streets.

"We know through investigation they left the club at about 1:30 a.m., got into a cab outside of the club and we believe the cab took them to the area of Fourth and Market streets," he said.

He said Hagan and at least one friend were walking south on Fourth Street when an unknown man "accosted" Hagan, taking his wallet and keys. Further details are scant.

"We need someone to come forward," Clark pleaded.

Michael Sr. fondly remembered his son, the oldest of three children, who had been working at Grant Thornton, LLP as a technical consultant. He said his son loved traveling and spending time outdoors, recalling his stint in the Peace Corps and a semester he spent studying abroad in Europe.

"He led a full life," he said. "He did more in 32 years than I probably ever will."

ALEX WIGGLESWORTH
awigglesworth@metro.us

Society Kill

Michael Hagan's murder is the latest in a disturbing pattern of unsolved attacks in Society Hill.

- On June 11, a 24-year-old man was riding his bike on the 400 block of Gaskill Street, about a half block south of Lombard Street, when he was shot twice in the back following a physical altercation with two men.
- A $17,200 reward was offered following a similar shooting last November near Fourth and Pine streets. Darren Rogers, 46, was shot once in the chest and left paralyzed.

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Fed sets table for more easing

IDAHO. Three top Federal Reserve policymakers yesterday laid the groundwork for a third round of bond purchases.

"We are right at that edge, that if economic data keep coming in below our expectations — and our view is we are not making progress on our mandates, or we don't expect to make progress on our mandates — then I think we would need more accommodation," San Francisco Fed President John Williams told reporters after a speech in Coeur D'Alene, Idaho. **REUTERS**

Samsung wins court case against Apple

Samsung Electronics defeated Apple in the latest spat in the rivals' patent wars when a British judge ruled Samsung's Galaxy tablets did not infringe the U.S company's designs for the iPad because they were "not as cool."

In yesterday's High Court judgment Judge Colin Birss said that Samsung's Galaxy tablets belonged to the same family as the Apple design when viewed from the front, but the Samsung products were "very thin, almost insubstantial members of that family with unusual details on the back."

"They do not have the same understated and extreme simplicity which is possessed by the Apple design. They are not as cool," he said. "The overall impression produced is different."

The victory for Samsung comes days after a U.S. appeals court lifted a freeze on sales of its Galaxy Nexus smartphones, although it upheld a lower court's decision to temporarily halt sales the Galaxy. **REUTERS**

Internet doomsday fails to materialize

Fears that a computer virus might cut Internet access around the world appeared to be overblown yesterday after U.S. authorities removed a safety net that had protected infected machines for months.

Shortly after midnight EDT, the authorities cut off computer servers in New York City that had been put in place to direct traffic for infected computers, which would have been unable to access the Internet without their help.

Some blogs and news reports had warned that the shutdown of the servers could trigger a potential "blackout" and described the malicious software as the "Internet Doomsday" virus. But that did not happen. "All quiet," said Barry Greene, a security consultant who volunteers with the DNS Changer Working Group, an ad-hoc group of experts who teamed up to help fight the virus and educate the public about how to eradicate it.

GETTY IMAGES

▶ U.S. prosecutors have charged seven people with orchestrating the worldwide Internet fraud. Six were arrested in Estonia, while the seventh, who was living in Russia, is still at large.

As of yesterday afternoon New York time, providers had seen no increase in call volume. "The outreach campaign has reached everyone humanly possible," Greene said.

Victims of the virus originally required assistance because the virus had changed settings on their PCs, diverting Internet traffic through rogue servers that showed them advertisements. Police shut them down in November. **REUTERS**

Jobs bought 'Internet steam train' from France

PARIS. The man who turned Apple into a Web-connected empire of consumer gadgets drew some of his inspiration from a tabletop box that wired French households to networked information way before the arrival of mass Internet, a French telecoms engineer says.

Long before hundreds of millions of homes worldwide began connecting to the Internet in the 1990s, France's Minitel box, the steam train of the online world, attracted the attention of Apple Inc.'s now deceased founder, Steve Jobs.

The clunky Minitel, pulled out of service at the end of June, was used by some 25 million people in France at the time **REUTERS**

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2 WEEKS 34 RESTAURANTS

Surveillance requests by government to cell phone carriers spike

DARREN MCCOLLESTER/GETTY IMAGES

▶ Companies say they maintain dedicated teams to deal with the deluge of requests.

Cell phone carriers have seen a sharp rise in requests from U.S. law enforcement agencies for their customers' cell phone records, raising privacy concerns and adding a legal burden to mobile phone companies.

Representative Edward Markey yesterday released data from the companies showing more than 1.3 million requests for cell phone records last year.

Verizon Wireless, the No. 1 U.S. carrier, reported an annual 15 percent spike in requests, and No. 4 carrier T-Mobile USA said it has seen a 12 percent to 16 percent increase each year.

"We cannot allow privacy protections to be swept aside with the sweeping nature of these information requests, especially for innocent consumers," said Markey, a senior member of the House Energy and Commerce Committee. "Law enforcement agencies are looking for a needle, but what are they doing with the haystack?"

Markey, a Democrat from Massachusetts, sent letters to nine wireless carriers last month seeking information on the volume and scope of the requests after The New York Times reported cell phone tracking had become common practice for police officials with little or no oversight.

Requests for cell phone records are not subject to any reporting requirements, making the congressional inquiry and Markey's release of the companies' responses the first public accounting of law enforcement's rampant use of cell phone surveillance.

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Education news in brief

GOODSHOOT

▶ A recent survey shows that lawyers are less interested in job placement data when applying to law schools.

CCC information session July 19

Camden County College will have an information session on Thursday, July 19, at 5:30 p.m. at its Blackwood Campus, located at College Drive and Peter Cheeseman Road in Gloucester Township. Attendees can learn about academic programs, financial aid and student life, as well as take a college placement test.

For more information or to reserve a seat, call 856-227-7200, ext. 4973, or e-mail advising@camdencc.edu.

MCCC named top in associate degrees

Montgomery County Community College has been named as one of the Top 50 Associate Degree Producers in three categories by Community College Week magazine. The rankings are based on the number of degrees given.

It is also 21st nationally in Science Technologies and Technicians, 43rd in Education and 38th in Communication, Journalism and Related Programs.

New president at St. Joseph's University

Kevin Gillespie, S.J., assumed the presidency of Saint Joseph's University on July 2. A Saint Joseph's alumnus ('72), Father Gillespie most recently served as associate provost for University Centers of Excellence at Loyola University Chicago.

In addition to his SJU bachelor's degree in psychology, he has master's degrees in psychology and divinity, and a Ph.D. in pastoral psychology from Boston University.

"He is the right Jesuit to lead Saint Joseph's forward and into the future at a time of great momentum for the university," says Robert Falese, chairman of Saint Joseph's Board of Trustees.

Fewer law students looking at jobs data

Despite the tight job market for lawyers, only 8 percent of applicants look at job placement data when choosing a school — a quarter as many as those who are concerned with the school's ranking (32 percent).

A survey conducted by Kaplan Test Prep asked: "What is most important to you when picking a law school to apply to?" The school's ranking was at the top of the list, followed by geographic location (22 percent), academic programming (20 percent) and affordability/tuition (13 percent). METRO/JW

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New program at Eastern University helps autistic students adjust to college life

DIGITAL VISION

▶ Eastern University's College Success Program is designed to help students with autism get the most out of college — both academically and socially.

The transition to college, which is challenging for all young adults, is especially challenging for the increasing number of young adults diagnosed with autism spectrum disorder. The challenges include social elements — meeting and dealing with people in a new culture — but also daily living tasks like getting to class on time, staying organized and living in a dorm.

Eastern University, in St. Davids, wants to help ASD students with this transition. Its new College Success Program begins this fall. "Our goal is to help students maximize their college experience, whatever [that] means for them," says Douglas Cornman, CSP coordinator.

Services for students will include counseling, peer mentoring, support groups and skills training. "Students will become less dependent on all of these as they adjust to college life," Cornman says. In addition, the CSP will be working with faculty and staff to both promote understanding of ASD and provide training to help them in their interactions with students with ASD.

The program will admit up to 12 new students each year. Most will be freshmen, though transfer students can also apply. CSP services will continue to be available to these students, as needed, until they graduate.

Most importantly, though, these students "will be able to transfer these skills to life after college," Cornman says. "Eastern's mission is to send students out in the world to support the needs of the larger community."

JUDY WEIGHTMAN
letters@metro.us

Finding support

The Eastern program is not the first in the region — there are similar programs at Drexel and St. Joseph's — but it's one of only four in the state.

"Many ASD students start at a community college, then transfer to a four-year school," Cornman says. "With support, we think they can benefit from the on-campus experience starting as freshmen."

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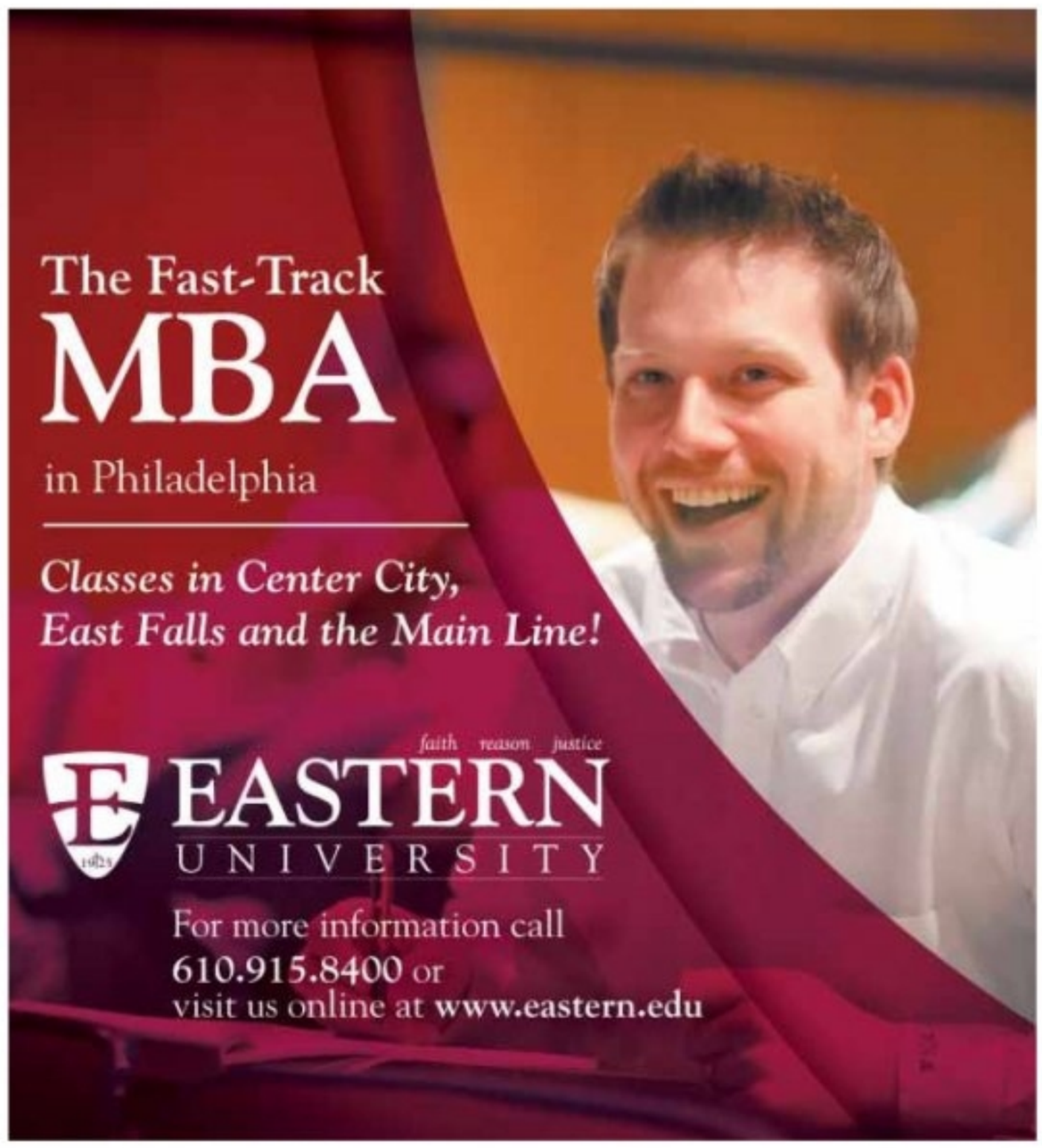


myentertainment

2

The feed ...

▶ Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

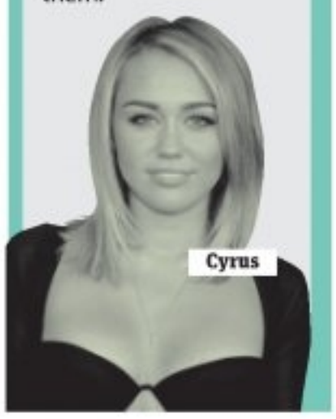
@ActuallyNPH (Neil Patrick Harris): Taking the train from Paris to London. Am I wrong, or is travel by train the greatest, calmest, classiest thing ever?

@ebertchicago (Roger Ebert): As an experienced ex-drunk, I want to know: How do the guys on "Mad Men" drink like that all day and get home (or anywhere) in one piece?

@SarahKSilverman: Ironically, "note to self" is only ever said for other people's benefit

@AlbertBrooks: Dreamt I was sick and had to go before a death panel. They said I should die but they really liked my movies.

@MileyCyrus: Happiness is not the absence of problems but the ability to deal with them.



Cyrus

THE WORD

Metro's **Monica Weymouth** shares her take on the world of gossip @monicaatmetro monica.weymouth@metro.us

Jolie had no love for Jagger's moves

ALL PHOTOS: GETTY IMAGES

You can add **Mick Jagger** to the long list of people bewitched by **Angelina Jolie**. In a new biography, "Mick: The Wild Life and Mad Genius of Jagger," **Christopher Anderson** claims the Rolling Stones frontman became obsessed with Jolie after she played a sullen stripper in the video for their 1997 single "Anybody Seen My Baby."

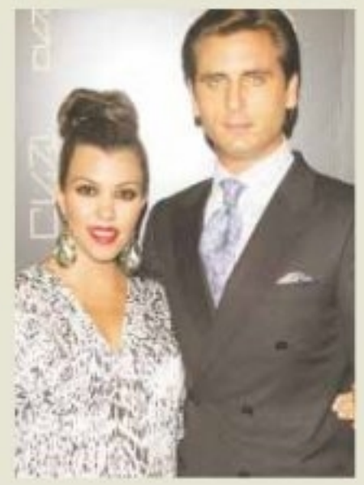
Although Jolie was married to **Jonny Lee Miller** at the time, Anderson reports that Jagger left her countless voicemails during which he was "virtually sobbing" and pursued her for several years. Jolie didn't return his calls, but her mother "loved Mick for Angie and felt that he could teach her about fame," according to a family friend.

So why would Jagger waste his time on the one half-naked 22-year-old actress who wouldn't call him back? "She scares me a little. I like that," he's quoted as admitting in the book.

This, mind you, from the man who spent decades waking up on hotel floors next to the hungover ghost of **Keith Richards.** Angelina, we are, as always, impressed.

Before she was a super mom, Jolie freaked out Jagger.

They're a renewable resource



Kourtney Kardashian is doing her part to keep the family business alive. On Sunday, the reality star welcomed a baby girl, **Penelope**, her second child with boyfriend **Scott Disick**.

Are we seriously cynical about newborns over here? We are, and we blame Kim: "I am so excited to be an aunt again and can't wait to spoil little Penelope," she posted ominously on her blog.

Holmes-Cruise show may be over

After two weeks of drama, **Katie Holmes** and **Tom Cruise** have put a quick and tidy end to their divorce circus. The couple reached a settlement yesterday, which will avoid a messy court hearing later this month.

While there's no word on the terms of the agreement, Holmes is rumored to get custody of daughter **Suri**, while Cruise will have generous visitation rights.

As for the statements, we're going to hand it to Team Cruise's lawyers for giving up the least amount of information in the blandest way possible: "The Tom Cruise-Katie Holmes case has been settled with a signed agreement. Tom is really pleased we got there."

You've been warned

We need to say this one quickly, Band-Aid style: **Nadya "Octomom" Suleman** is in the studio recording a dance track on which she both sings and raps, according to TMZ.

The song, "Get on the Dance Floor," is set to be released Aug. 1, and is being produced by **DJ Mr. Mig** and **Mike Rizzo** — meaning you might actually hear it (they've done work for the likes of **Britney Spears** and **Beyonce**).

We never thought we'd say this, but we wish Suleman would focus on her porn career.

Talking points

It's a girl for Sienna Miller

Sienna Miller gave birth to a baby girl in London over the weekend, according to Us Weekly. This is the first child for Miller and fiance **Tom Sturridge**. The notoriously press-shy Miller has said very little about her pregnancy, but in April she did open up to British Vogue: "Even though I'm under strict instructions not to say anything,

▶ Miller

as it would completely defeat the point of everything I've tried to achieve in the last eight years, I'm feeling fine. It's all progressing nicely and it's very exciting," she said.

Salma Hayek censoring 'Savages'

Salma Hayek admits that her 4-year-old daughter, **Valentina**, won't be seeing her latest film, **Oliver Stone**'s "Savages," in which Hayek plays the head of a bloody Mexican drug cartel. "She's not going to watch this movie," she insists during a visit to "The Tonight Show" to promote the film. "Actually, this was the only movie that she was not on the set. I usually bring her on the set and she always likes to sit right next to the monitor and

▶ Hayek

she bosses everyone around. I know Oliver Stone would have not let her come in and say, 'Excuse me, Oliver, let me take over the set.' No."

Did Sheen christen Winona Ryder?

Before she was **Winona Ryder**, Winona Horowitz was an aspiring actress in search of a sexier stage name — until **Charlie Sheen** came along. "We were listening to The Doors, to 'Riders on the Storm,'" Sheen said during an appearance on "CenterStage." "And I said, 'You know, I'm thinking Winona Ryder sounds cool,' and she was like, 'Yeah!'" Ryder, for her part, doesn't confirm to the story. "[She] never, never gave me credit to this day," Sheen says.

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Will watch for little dogs

1 **Aretha Franklin** got her glow on at the Essence Music Festival in New Orleans on Sunday.

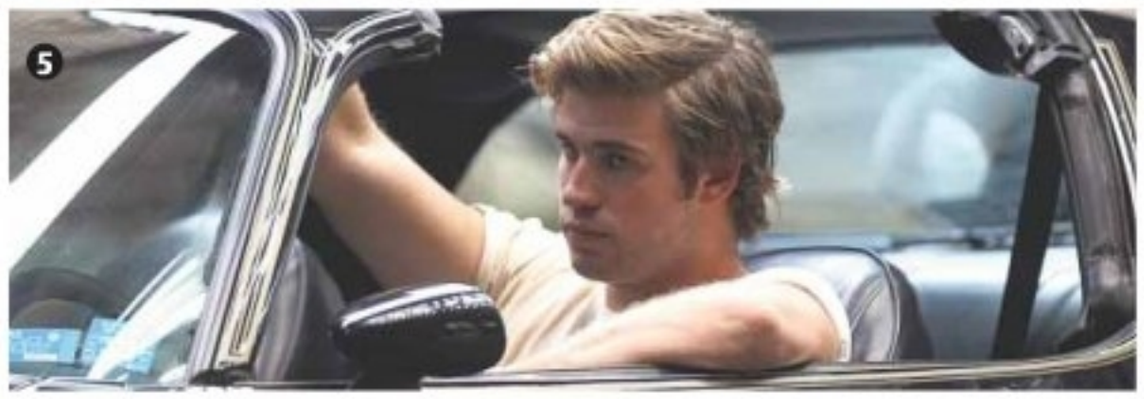
2 **Angela Raiola** was at the premiere of her "Mob Wives" spin-off, "Big Ang," Sunday night in New York. And if she thought she could bribe us with an adorable little Pomeranian, well, she was right.

3 **Rihanna** went all out at the Barclaycard Wireless Festival in London on Sunday.

4 **Paris Hilton**, you have competition: "Real Housewife" **Teresa Giudice** was DJing — or some unholy derivative of it — at the Mount Airy Casino Resort on Saturday.

5 **Liam Hemsworth** was spotted looking super smooth in New York while shooting his latest, "Empire State."

1: Erika Goldring/Getty Images
2: Robin Marchant/FilmMagic
3: Dave J Hogan/Getty Images
5: Aby Baker/Getty Images



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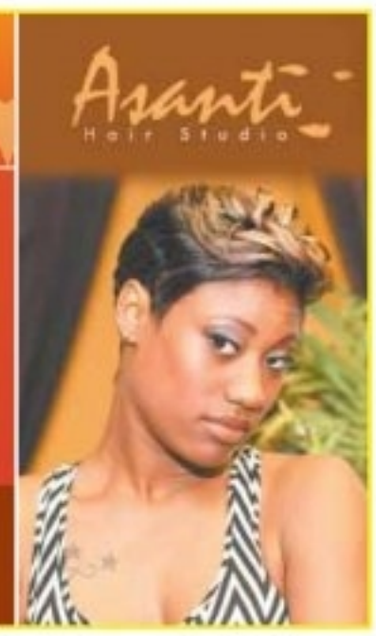

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mybooks

I PLEDGE ALLEGIANCE TO SOME LAUGHS

- Election season got you down?
- Two summer books take their stabs at the state of the American union
- Laugh until, or because, it hurts

Any 10th-grader worth his or her salt has had to answer the history essay prompt: What would the Founding Fathers think of modern America? Going by Kevin Bleyer's "Me, The People" (a comedic history and redrafting of the Constitution) and "America, You Sexy Bitch" (a politically mismatched travelogue from comedian Michael Ian Black and pundit Meghan McCain), the answer might be that the Founding Fathers would probably be too drunk to notice how friendly our strippers are.

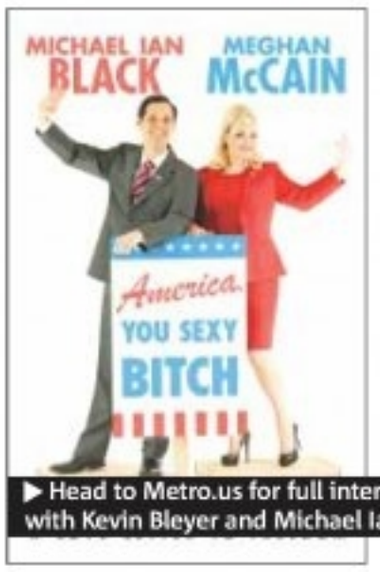
Red, white and bitch

McCain and Black embark on bipartisan Thelma and Louising of the American landscape in "America, You Sexy Bitch," zipping through Red and Blue to find the Purple. Black describes the idea for this unlikely pairing modestly. "I found

"I found myself unemployed for the first time since I was a Ninja Turtle, so I tweeted at Meghan."
MICHAEL IAN BLACK

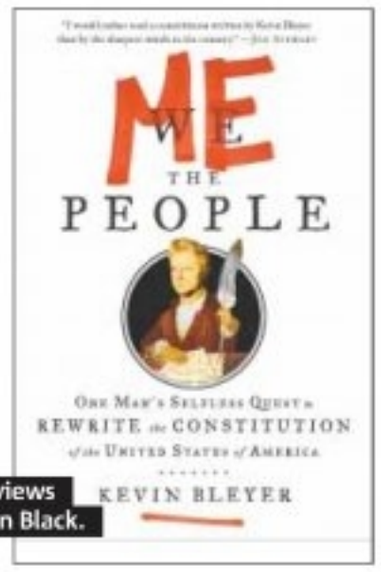
myself unemployed for the first time since I was a Ninja Turtle," the actor, author and comedian confides. "So I tweeted at Meghan that we should write a book together."

The result is a roadbook split between two voices: Black, a Connecticut liberal and father of two, whose punditry background centers mostly on "talking about Cabbage Patch Kids on VH1"; and McCain, a conservative wild-child, daughter of John, agitator of the establishment, downer of colorful shots. The book tracks their journey



▶ Head to Metro.us for full interviews with Kevin Bleyer and Michael Ian Black.

throughout the country as they goad one another into flexing out of their ideological comfort zones for humorous, and often tense, self-examination. Along the way, they meet an American patchwork, from cowboys to strippers, anarchists to Elvis impersonators, who discuss "health care and racial relations and military, the second amendment and stereotypes of Democrats and Republicans." Readers will enjoy the vividly colored trip whether they are fans of McCain, fans of Black, or "if they hate us both," says Black with a laugh.



The Constitution gets an acid bath

Kevin Bleyer's background as a writer for Jon Stewart, Bill Maher, Dennis Miller and, oh yeah, President Obama might overqualify him to rewrite the Constitution. Nevertheless, he does just that in "Me, The People," where the original authors at the First Constitutional Convention are described as a "exhausted, drunken, broke, partisan, squabbling, bloviating, backstabbing, grandstanding, restless [and] cow-tipping" bunch whose most common shared trait was their routine habit of "drinking beer for

"The only thing that would make [the Constitution] hotter is if James Madison were a vampire."
KEVIN BLEYER

breakfast." Ladies and gentlemen, the constitution was written by America's drunk uncles. In "Me, The People," Kevin Bleyer steps in to take the reins.

Bleyer calls the Constitution a "hot document" — "The only thing that would make it hotter is if James Madison were a vampire" — and refers to his own book as "Fifty Shades of Red, White and Blue."

"I try to bring light to the heat of the conversation because people cozy up to the Constitution, use it as a weapon in their debate and presume it's going to defend their argument even if it doesn't sometimes," he says. "I was making fun WITH the Constitution to make fun OF the people that don't know what's in it."

His fun with the Constitution, while often absurd, does an impressively thorough job of revealing the absurdity of document-worship. As he vets each element of the original Constitution, Bleyer examines what should stay (not much), what should go (the "obvious issues of today, such as the mandatory quartering of soldiers during wartime") and what should be introduced ("CSI" fans are disqualified from jury duty). Of additional note is his interview with Associate Justice Antonin Scalia, who Bleyer describes as Darth Vader meets Patch Adams (as well as the objectively funniest sitting justice). Surprisingly informative, "Me, The People" is as enlightening as it is gut-bustingly funny.

Oliver Wendell Holmes Jr. advised that if we are to understand the law, then we must "wash it in a cynical acid." Leave it to these acid-tongued authors, then, of "America, You Sexy Bitch" and "Me, The People" to assist in a very valuable civic duty — the reevaluation of and recommitment to participating in an American dialogue. While that sounds like one of the duller summer chores you could be assigned, Metro assures you that these books will at least help you laugh while you're doing it.

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No guts, no grace, no glory

LOU ABERCROMBIE

▶ Chris Cleave will read from "Gold" Thursday at 7:30 p.m. at the Free Library (1901 Vine Street, www.freelibrary.org).

Q&A

What are your thoughts on the upcoming Olympics?
I'm excited — the greatest show on Earth is coming to my hometown! I wanted to tell the backstory. For example, the final of the 100-meter sprint lasts 10 seconds. But what we're witnessing [when we watch it] is the last 10 seconds of a four-year battle. I'm interested in the three years, 364 days, 23 hours, 59 minutes and 59 seconds [prior].

Chris Cleave pits woman against woman, but not in the petty way that sells tabloids or spikes reality TV ratings. In his novel "Gold," two venerable Olympic track cyclists vie for one spot to compete on the international stage. Outside of the velodrome, they race to survive. While Kate saddles up to the trials of motherhood — sacrificing fame to keep her leukemic daughter's white blood cell count in check — Zoe pedals to beat her traumatic past.

In spite of their differences — and a harrowing shared secret — these rivals bring out the best out in each other. "There's no way that [athletes] could be as good individually if there wasn't someone else always hard at their heels," Cleave argues. "And when they retire from sport, their greatest rival could easily become their best friend, because they know each other better than anyone else."

From start to photo finish, "Gold" pulses with intensity and heart. We spoke to Cleave about feeling the force.

You, too, are a cyclist. Does writing to you feel the way racing does to your protagonists?
Before "Gold," I'd been an averagely fit recreational cyclist and while I was researching it, I trained really hard. I wanted to know in my body what it felt like to win, to lose and to race without holding anything back. And I'm not a high-level competitor now, but I'm really keen. There's a huge parallel between being a writer and a cyclist. A novel is a long-distance endurance game, and you have to have the same kind of tenacity to do it.

Women — and not just in sport — harbor complicated body image issues. In addition to researching the physical effects of racing, how did you tap into the female psyche?
Female athletes have to do and prove so much more than male athletes. When women are reaching the top of their game in their mid-20s to early 30s, society is also asking: are you going to settle down and have children? They have to make more sacrifices. And society wants female athletes to be really attractive in a way that it doesn't demand of male athletes. There's a double standard.

That's why I got interested in researching and interviewing female athletes. I broadly categorized the people I met into two types: one that is single-minded and didn't have much of a life outside of the sport and another who has a strong personal life as a foundation for their sporting achievements. It was interesting how each coped with having to perform. The people who impressed me most saw rivalry as just another kind of friendship.

How do you tackle grave subjects like pediatric cancer without getting too caught up emotionally or sentimental?
In "Gold," I'm asking which is more important: our ambitions or our love? I went through highs and lows while writing, trying to answer that question. That's why I'm a writer — to experience the emotions I'm writing about and to come out on the other side changed by them. Being close to your own emotional life is difficult and quite brave. There is a tendency in modern life to be cynical. Life isn't just a joke; for most people it's an epic struggle. I like to acknowledge the emotive reality of that.

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'White Collar'

DRAMA. Freedom comes at a price for Neal, the master thief who, despite his new tropical paradise locale, is being hunted by FBI agents in the States — his pal Peter and a much less understanding fugitive hunter (guest star Mekhi Phifer). **Season premiere, 9 p.m., USA**

'Trust Us with Your Life'

COMEDY. Celebrity guests are in good hands with host Fred Willard as he asks for details of their lives — and then improv wizards such as Wayne Brady and Colin Mochrie act out those stories, making things a lot less Oprah.
Series premiere, 9 p.m., ABC

'Hardcore Pawn'

REALITY. Rich finds out mending relations isn't as easy as buying watches from desperate people. **Season premiere, 9 p.m., truTV**

AMBER RAY

AMBLER ABIDES

The theater's annual Little Lebowski Fest celebrates the superhero slacker in all of us

Nearly 15 years after the release of "The Big Lebowski," The Dude has abided longer than perhaps anyone could have expected. The Coen Brothers' cult classic has inspired gatherings of avid fans for over a decade, including the Ambler Theater's Little Lebowski Fest, celebrating its sixth year tomorrow.

"This is one of our signature events of the summer and one of the things that we really look forward to every year," says Chris Collier, the Ambler's director of special programs. "We started showing 'Lebowski' a number of years ago and quickly realized how many people love this film."

Not affiliated with the national Lebowski Fests, the Ambler's annual event features a costume competition, trivia and prizes. Those who opt for "Achiever tickets" will also receive a 2012 Little Lebowski Fest T-shirt and a complimentary White Russian in order to follow in The Dude's slipper-clad footsteps.

"It's one of those films where almost every line is quotable and sticks in your mind," says Collier of the movie's lasting, mass appeal. "The hero is an amazing slacker and everyone can kind of relate to that. You don't have to be a superhero to save the day — you can just be a normal dude."

▶ No rolling on Shabbos — the Little Lebowski Fest is Wednesday.

If you go

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myentertainment

‘Part’ of this world

As Katy Perry’s ‘Part of Me’ hits cinemas, we look at other tween music biopics Yes, they’re ridiculous, but there’s something worthwhile in each

Katy Perry gets the documentary treatment in her new film, “Katy Perry: Part of Me.” Although more suggestive than her Disney Channel counterparts (The Jonas Brothers, Miley Cyrus/Hannah Montana) or Justin Bieber, Perry joins the ranks of musicians popular with tweens and teens to be sanctified on the silver screen through a biopic/documentary. Earplugs in place, we take a look at these behind-the-scenes tales of a pop sensation’s life on the road.

KILLIAN YOUNG
letters@metro.us

The film	Most ridiculous part	Part where it’s easier to get into the movie	Song that’s just as good or better than the original	Part where the artist seems most human	Notable quotable
“Hannah Montana & Miley Cyrus: Best of Both Worlds Concert Tour” (2008)	A father with two daughters wears a platinum Hannah Montana wig and says, “I didn’t expect so much screaming.” A 14-second screaming montage follows.	The dance routines of renowned choreographer Kenny Ortega are juxtaposed between practices and live renditions as Ortega works behind-the-scenes in the studio with Cyrus and the band to nail the theatrics of the concert.	Miley Cyrus (as herself) performs “The Best of Both Worlds” — the theme to her TV show — along with her alter ego, Hannah Montana, who is digitally rendered on a large screen. It’s surprisingly moving.	When Miley Cyrus is dropped during a stunt at one of the shows and voices her concern later in practice, the viewer realizes that at the start of her “Best of Both Worlds Tour,” Cyrus was only a 14-year-old girl on a 54-city tour of the United States.	“What Miley writes about is what is real to her, and what she lives. And when you hear the things that she writes, you hear the honesty of Miley’s heart.” — Billy Ray Cyrus
“Jonas Brothers: The 3D Concert Experience” (2009)	In the opening scene, the band’s van gets stuck in traffic on the way to the “Today” show in New York City. Within seconds, the JoBros are mobbed by a mass of screaming teenage girls.	Taylor Swift joins the Brothers on stage at Madison Square Garden to play some acoustic pop with a country twang in “Should’ve Said No.”	During “That’s Just the Way We Roll,” the first live song in the film, the band is aided by an orchestra and some intense pyrotechnics in front of a glowstick-toting, sold-out crowd.	After bodyguard “Big Rob” Feggans wakes up the brothers at 4:30 a.m., they eat breakfast together in their hotel room. Joe Jonas starts to shake the table while yelling, “Earthquake!” It initiates some good-natured ribbing among the three brothers.	“There are a lot of fans down there, in the back.” — Joe Jonas, looking down with amazement at the crowd in Central Park for the Jonas Brothers’ “Good Morning America” show.
“Justin Bieber: Never Say Never” (2011)	Bieber grew up playing drums, and in a home video (in which he wears his trademark backwards fitted hat), he throws down a sick beat.	As Etta James’ “At Last” plays in the background, Justin Bieber demonstrates his signature hair flip in slow motion. Snoop Dogg recommends that Bieber get pigtails like him to win over all the ladies.	When he performs “One Less Lonely Girl,” Bieber’s staff brings one girl from the crowd onstage. Once in front of the crowd, the Biebs serenades the girl while gently caressing her. At the end, he gives her a bouquet of flowers. Aww.	Home footage seems to serve as the harbinger of Bieber’s musical career — as a toddler he effortlessly lays down a beat on a conga drum and strums a guitar that is much too large for his tiny frame.	“Every label said, ‘There’s no platform for him. You need Nickelodeon or Disney. You need the machine.’” — Scooter Braun, Justin Bieber’s manager
“Katy Perry: Part of Me” (2012)	Katy Perry’s older sister makes an appearance as Perry’s nerdy alter ego, “Kathy Beth Terry” — complete with headgear and braces — from the video for “Last Friday Night (T.G.I.F.).”	One of the funnier scenes in the movie shows Katy Perry visiting her elderly grandmother, Ann Hudson, in Las Vegas. Hudson, who refers to Perry in her younger days as a “show-off,” is loath to say anything positive about Perry as a musician.	Katy Perry runs through numerous costume changes throughout a performance of “Hot N Cold.” This occurs on a colorful, Candy Land-esque stage that might give you a cavity just by looking at it.	Perry struggles with the decision to perform or cancel a gig in front of her largest crowd in Brazil while in the midst of a breakdown due to her divorce.	“I feel a real connection to fairy tales, and I think, in some ways, I live in a fairy tale.” — Katy Perry

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2006 Mercury Mountaineer — Leather, Roof Rack, Privacy Glass, Keyless Entry, 3rd Row Seat, AWD, Rear Air — $12,900
2010 Ford Escape XLT — PW/PS/PL, Roof Rack, Privacy Glass, Keyless Entry, Cruise, A/C — $13,900
2008 Infiniti M-35x — Sunroof, Leather Bluetooth, Rear Camera, Alloy Wheels, NAVI, Heated Seats — $23,900
2006 Mercedes Benz CLS-500 — Sunroof, Leather, Bluetooth, Heated Seats, Alloy Wheels, Parking Sensors — $27,900
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mystyle

MATCHY MATCHY

Ensembles with a single print from head to toe aren't just for toddlers anymore These mono-pattern looks will grab everyone's attention — in a good way

Derek Lam Spring 2012

Proenza Schouler Spring 2012

Stella McCartney Spring 2012

Get the look

1 **H&M For Water top, $20, skirt, $30,** www.hm.com

2 **Top Shop Floral Organza crop top, $60, Lace Organza prom skirt, $84,** www.topshop.com

3 **DKNY Floral Pleat Front Pant, $245, Floral Blouse with Ruffle, $225,** www.dkny.com

TINA CHADHA
tina.chadha@metro.us

Metro Self Storage

*Public auction at **Metro Self Storage 2240 Island Avenue Philadelphia PA 19142 on July 26th 2012 at 9:30.** Auction with reserve. Metro Self Storage reserves the right to set minimum bids and refuse bids. CASH ONLY. Contents must be removed within 24 hours. Property contained in the following units will be sold to satisfy the owner's lien for rent under PA code 73 P.S. 1901 et. seq.

Unit 0044	Bryant Patterson	Bags	Unit 2160	Michael Akers Jr	Paint, Dry Wall, Bags
Unit 1115	Javeca Dingle	Boxes, Bags, Toys	Unit 2188	Robert L. Jefferson	Paintings, Boxes
Unit 1184	Clifton Franklin	Totes, Clothing	Unit 2289	Jennifer McKinnell	Bags, Boxes, Toys, Sofa
Unit 2127	Felix B. Alexander	Bins, Boxes, Beds	Unit 3108	Kathleen Sullivan	TV Stand, Bags

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NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY
Notice to hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **7/27/12 at 2PM** at the Safeguard Self Storage facility located at **6371 Keystone Street, Philadelphia PA 19135.** The personal goods stored in the following space numbers by the following tenant(s):
safeguard self storage
1102 Jacek Cackowski • 1135 Joel Lee Feggins • 1505 Sherrell Antonette 2130 Tom Albertini • 2704 Shaquanna Adams • 2715 Kevin E. Brown Jr.
Purchases must be made with cash only and paid at the time of sale. All goods are Sold as is and must be removed at the time of purchase. Sale is subject to adjournment. Safeguard Self Storage Management, Inc.

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NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY
Notice to hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **July 27, 2012 @ 9:00AM** at the Safeguard Self Storage facility located at 1499 66TH Avenue Phila, PA 19126. The personal goods stored in the following space numbers by the following tenant(s):
safeguard self storage
 # 2003 Michael McLaughlin, # 3201 John Quarles, # 3342 Khadijah Sullivan, # 3350 Sharon Clark, # 3302 Benjamin Davis, # 3310 Sonya Thomas, # 1300 Stephen Campbell, # 2218 James Burton
Purchases must be made with cash only and paid in full at the time of sale. All goods are sold as is and must be removed at the time of purchase. Sale is subject to adjournment. Safeguard Self Storage, Inc.

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY
Notice to hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **July 27, 2012 @ 10am** at the Safeguard Self Storage facility located at 6224 Germantown Ave Phila. PA 19144. The personal goods stored in the following space numbers by the following tenant(s):
safeguard self storage
Mark D. Williams - #0104, Carlette C. Shavers - #0210, Naderra T. Davis - #0421, Mary L. Martin - #1223, Melissa N. Murphy - #2201, Michael T. White - #2206, Felts D. McCoy - #2335, Lynda J. Brooks - #2338, Vasohn Turk - #2516, Cydney F. Hough - #3314, Curtis T. Price - #3407, Ahmed Key - #3418
Purchases must be made with cash only and paid in full at the time of sale. All goods are sold as is and must be removed at the time of purchase. Sale is subject to adjournment. Safeguard Self Storage, Inc.

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY
Notice to hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **July 27, 2012 @ 3PM** at the Safeguard Self Storage facility located at 1333 Rhawn Street Phila. PA 19111. The personal goods stored in the following space numbers by the following tenat(s):
safeguard self storage
#1309-Richard Bryson, #1612-Denise King, #2621-Susan Comitalo, #0103-Kenneth Steacker
Purchase must be made with cash only and paid in full at the time of sale. All goods are sold as is and must be removed at the time of purchase. Sale is subject to adjournment. Safeguard Self Storage, Inc.

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY
Notice is hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **7/27/12 @ 11:00AM** at the Safeguard Self Storage facility located at **1221 N. Broad Street, Philadelphia, PA 19122.** The personal goods stored in the following units by the following tenant(s):
safeguard self storage
4002 Carolyn Parks, 2403 Derrick Lambert, A4448 Emerson Vance, A4315 Lawrence Coles, 4219 Robert Whichard, 4112 Warren Sutton III, 3502 Funmi Adeshina, 2612 Zaid Buggs, 2209 Nikki McCrae, 1305 Nathaniel Green, 0327 Octavis Wright, 0326 Ray Allen, 0218 Obi Hardin
Purchases must be made with cash only and paid in full at the time of sale. All goods are sold as is and must be removed at the time of purchase. Sale is subject to adjournment. Safeguard Self Storage, Inc.

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY
Notice is hereby given that undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **07/27/2012 at 1PM** at the Safeguard Self Storage facility located at **3300 Frankford Ave, Philadelphia, PA 19134.** The personal goods stored in the following units by the following tenant(s):
safeguard self storage
#1320 Shawmaine Stephens, #1213 Antone Curtis Chrisholm, #2108 Geterude M Butler, #4803 Sonia D Redden, #3208 Adrienne G Robinson, #1105 Elijah A Mitchell, #2512 Chimekneeca M Hodge, #1110 Consawellia D Barratt, #2519 Carmen Tibbs, #4619 Carmen Parham, #1405 Loretta Hall
Purchases must be made with cash only and paid in full at the time of sale. All goods are sold as is and must be removed at the time of purchase. Sale is subject to adjournment. Safeguard Self Storage, Inc.

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY
Notice is hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **7/27/12 at 12PM** at the Safeguard Self Storage facility located at **830 E. Hunting Park Ave, Philadelphia, PA 19124.** The personal goods stored in the following units by the following tenant(s):
safeguard self storage
#2102 Keila Ramos #2104 Carmella Certion #2431 Jacqueline Cofield #3412 Carlos Santiago #2111 Susan Morris #3214 Celeste Lewis #2216 Angel Colon-Acevedo #3555 Taleya Mobley
Purchases must be made with cash only and paid in full at the time of sale. All goods are sold as is and must be removed at the time of purchase. Sale is subject to adjournment. Safeguard Self Storage, Inc.

Letting go as a parent

It seems like just yesterday you were rocking your baby at the hospital Now, it's almost time for school Anxious? How to deal

PHOTODISC

One more big hug — then it's time for junior to get going.

Pop quiz: Who's more nervous about starting school this year, you or your child? If it's you, "it's a very normal response to have," says Matthew Stevenson, LSW, a child and family therapist in Philadelphia. We asked him how parents can send their little ones off to school without letting their nerves take over.

Why does this anxiety happen?
It usually happens near the first couple times that a parent leaves their child even alone for a couple hours. It's a natural thing to be worried about the person that you brought into the world, that you're responsible for, [if you're not] there when you are usually. Particularly the stay-at-home parents, for them to be with this person 24/7 for five years of life and then to have them go away, that can cause a lot of stress. And it's very normal to experience that stress. They're worried about their kid because they know they can keep their kid safe. They've been doing it for five years, and now they're giving that responsibility to somebody else. It's hard to let go of that control.

How can parents feel better?
Acknowledge it. The parent needs to realize that this is something they're concerned about — that's Step 1. Once they're able to acknowledge that, understand that it's a pretty normal anxiety to have. Step 2 is that it's important for them to realize that they need to let their child go. That's part of the growth of their child, to have that independence and be able to function and do well without having the parent present all the time. Part of being a good parent is having your child thrive when you're not around. Then once you are able to let your child go to school, keep yourself occupied during those times. Have activities, do errands that are a lot easier to do without a child. Join classes, go to the gym — anything that would distract you so before you know it, it's time to pick up your child.

MEREDITH ENGEL
meredith.engel@metro.us

When is this a problem that needs some extra help?

If the parent is going to the school to watch their kid at recess, something like that would be not healthy. I think calling the school multiple times during the day to make sure that their child is OK, that would not be healthy. Showing that you're so upset, and your child picks up on that and then doesn't want to go to school, that's where it really [is an issue]. If you're able to hide your anxiety from your child, and they still enjoy going to school, it's not as much of a problem. But if it's affecting the entire family, then it's probably good to seek help from a therapist at that point.

COMSTOCK

Back-to-school

Your checklist for the countdown

Follow these steps from child expert Dr. Michele Borba so that both you and your child are ready for the first day.

The month before:
- Don't hype up school too much. "It may not be wonderful to them, and when they walk in there your credibility will go down," Dr. Borba says.
- Have your child go in knowing a familiar name or face. "Mention [his or her] teacher's name," Dr. Borba says. "If you can find one kid in the neighborhood that may be in that child's class, that would make a wonderful difference."
- Do a social skill tune-up. "It takes about three weeks of repetition for any new behavior, so it could be nothing more than 'here's how we say hello,' or 'here's how we start a new conversation.'"

The week before:
- Adjust your child's sleep schedule. "Usually in school you need to start winding the clock back, because [your child is] usually used to staying up a little bit later and that early morning could be tough on a little one."
- Familiarize your child with the school. "You may not be able to get into the classroom, but you'll be able to show your kid, 'here's how Mommy will drop you off,' and 'there's the big number on your door.'"
- Practice the goodbyes. "Come up with a ritual — any simple ritual, like an Eskimo kiss — but don't make it into a big thing."

The day before:
- Lay out your child's clothes. "It's fun to know what [he or she is] wearing and it will make the morning go smoother."
- Buy an alarm clock. "Little ones can set them by themselves. There are really cute ones at Target or Wal-Mart."
- Ensure that your child won't encounter problems. "If there's anything that's a concern, like a school bus number or classroom number, you can put it with a marking pen on the tongue of a shoe so [your child will] always have it." JOANIE FERGUSON

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Letters

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You'll miss minimum wage when robots arrive

I am also a Democrat, but I do not co-sign every agenda we push. I agree that the current minimum wage isn't enough to pay the bills, which is why some have two and three jobs. When I think of this great land of opportunity, I realize that there are people that do not want to further their education or take advantage of an opportunity that would improve their financial status. With all due compassion, I'm leaning toward it being uncomfortable for them, whether that's low self-esteem, having to move if able to, or maybe just being plain lazy. I agree that minimum wage should be adjusted every so often, but not to cater to those that don't want to make the effort to do better when they have the ability to do so. As eloquent as your plea may be for Obama not touching the issue of minimum wage, I can't imagine that you'd pay someone more for flipping a burger or anything just as simple when all that is needed is a basic education. Please keep in mind that some of these minimum wage positions are becoming automated. So while you push for higher minimum wages, business owners are looking for ways to cut costs. We already have a robotic vacuum cleaner. You think the lawn mower isn't far behind? You don't want automation to be less expensive than minimum wage, trust me. Please be gentle in your push, sir.
DANIEL GREEN, VIA E-MAIL

US Constitution governs government

I appreciate Mr. Porrell's compliment on reading my letters in Metro and his concurrence on the health care issue. However, I am not anti-government. I am anti-corruption. It is commendable that you received a degree in history; I, too, love history, especially that learned after my formal education. For instance: The US Constitution was written to govern the government, not the people; America is a republic, not a democracy; laws are made by Congress — not the Supreme Court or the president, just to name a few. These issues were never raised in my high school or college courses. **FRANK ST. GEORGE, VIA E-MAIL**

E-mail your letters: **letters@metro.us**

Keep them as brief as possible, preferably under 100 words.
Metro reserves the right to edit all letters.
Please include your name and contact information.

An analogy has all the answers for you

A familiar refrain in this election season has been: "Why hasn't President Obama fixed everything?" Here's a simple answer: If your house (i.e., the economy) has been burnt down by an arsonist (i.e., Wall Street and George W. Bush), you can't expect a contractor (i.e., President Obama) to rebuild it overnight, especially when you're not giving the contractor enough tools and time (i.e., stimulus funds) to do the job — and definitely not if you allow pyromaniacs armed with flame-throwers (i.e., the Republicans) onto the property. Simple enough, eh? **JOSEPH CONNELL, VIA E-MAIL**

Someone wealthy should lead

The USA is the richest country in the world. Who better then someone wealthy do you want to run this giant economic engine?
MIKE SEFA, VIA E-MAIL

Horoscope

♊ Gemini **May 21-June 20.** Be extremely selective of the friends with whom you choose to spend the day if you're planning some type of specific, enjoyable activity. Make sure all are compatible.

♋ Cancer **June 21-July 22.** Go out of your way to be tactful in any involvements you have with those who are in authoritative positions. Remember, they'll have the upper hand at all times, not you.

♌ Leo **July 23-Aug. 22.** Discussing potential, partially developed plans with others could add confusion to your thinking. Wait until you have everything worked out before talking about your intentions.

♍ Virgo **Aug. 23-Sept. 22.** It's never the right day to poke your nose into a situation that is none of your business. Your curiosity could get you drawn into the complicated affairs of another. M.Y.O.B.

♎ Libra **Sept. 23-Oct. 23.** Be open-minded to the views of your associates, but, by the same token, don't think everything they say consists of the wisest thoughts. Use your own judgment

♏ Scorpio **Oct. 24-Nov. 22.** Unless you're an expert on the subject, guard against a tendency to criticize the efforts of others.

♐ Sagittarius **Nov. 23-Dec. 21.** Think twice before getting involved in a project that is being managed by another. Should things go awry, you could be held accountable.

♑ Capricorn **Dec. 22-Jan. 19.** If you're smart, you'll keep an issue about which you and your mate are diametrically opposed under wraps. You're not going to resolve anything, but you could make it worse.

♒ Aquarius **Jan. 20-Feb. 19.** Attitude is everything where your productivity is concerned. If you look at things as being difficult and distasteful, you can expect the job to severely cramp your style.

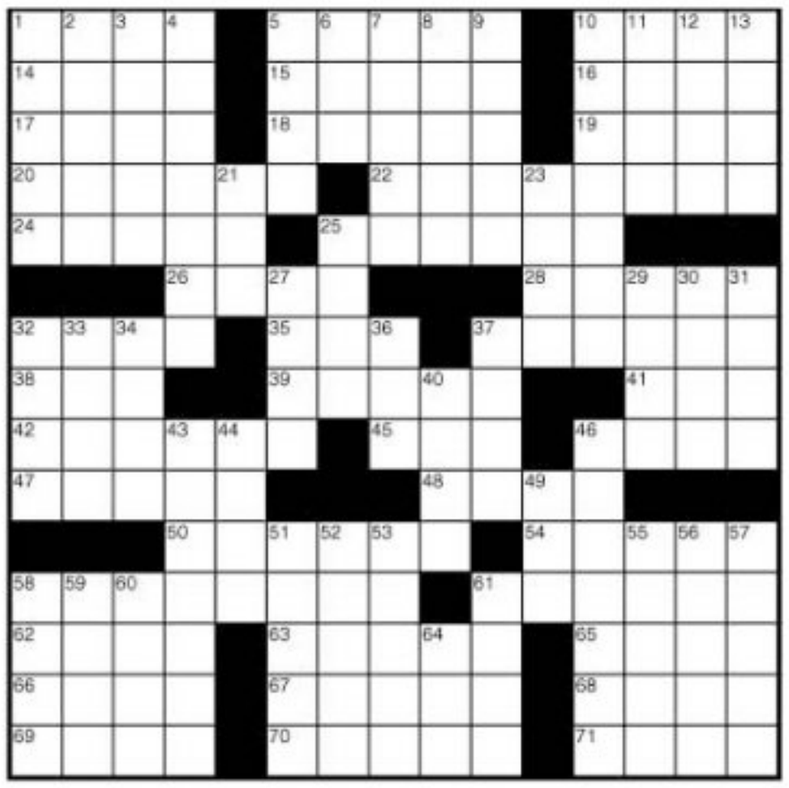
♓ Pisces **Feb. 20-March 20.** Spending lots of money is no assurance that you'll be guaranteed a good time. In fact, certain expensive activities can turn out to be bummers.

♈ Aries **March 21-April 19.** Don't start anything that you know you can't or won't finish, because chances are it will be left undone for quite some time. If that happens, it will be a thorn in your side until you complete it.

♉ Taurus **April 20-May 20.** Subdue inclinations to judge people or events negatively before you have all the facts. If you persist in thinking dark thoughts, you will make sure the day lives up to these expectations. **BERNICE BEDE OSOL**

Across
1 Kid around
5 Coconut sources
10 Minority group
14 TV genie portrayer
16 Ersatz butter
17 Bundled off
18 Iowa commune
19 Pale green mineral
20 After Aries
22 Beeped
24 Built for speed
25 Popular cruise stop
26 Prefix for "dynamic"
28 Looks mischievous
32 Pack it in
35 Stein filler
37 More warm-hearted
38 Best medicine
39 Full of suds
41 Realty offering
42 Type of printer
45 Roofer's gunk
46 Olin or Horne
47 Check endorser
48 Salad choice
50 Pack animals
54 Dismantle a tent
58 Buys, so to speak (2 wds.)
61 Longitude unit
62 Jai --
63 Dancing castle
65 Hayloft locale
66 Broadcast
67 Ms. Zellweger
68 Comic-strip dog
69 Wood-finishing oil
70 Banana oil, e.g.
71 Misfortunes

Down
1 Quips
2 Without a flaw
3 Sports locale
4 Ask urgently
5 Edible seeds
6 PIN prompter
7 Tibet's capital
8 Waiters' offerings
9 Shuts with a bang
10 Brief stay
11 Flair
12 Grant territory
13 Nailed obliquely
21 Small guitar
25 -- contendere
27 "Kon-Tiki" craft
29 Busy loafing
30 Diner sign
31 Tijuana Ms.
32 Ear cleaner (hyph.)
33 Bone below the elbow
34 Gross
36 Pig out
37 Actress -- Sedgwick
40 Gets tangled
43 Congealing
44 Electric swimmers
46 Robin Hood's weapon
49 Billiard stick
51 Really excited
52 Customs
53 -- we all!
55 Madrid museum
56 Uncanny
57 DNA components
58 Like cheetahs
59 Felipe or Matty
60 Grassy area
61 Hoofed animal
64 Society column word



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		7		2		4		
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	1			9				
		9	5	4	7			
7	3		8				5	

SUDOKU **LEVEL: EASY**

	8			9			5	
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2	6		4					5
		3				9		
7					5		6	4
					3			2
	2	1	9				4	8
	7			5			9	

SUDOKU **LEVEL: HARD**

How to play Sudoku: Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

SUDOKU SOLUTIONS: WWW.METRO.US/PUZZLES

Solution to Monday's crossword

B	A	J	A	■	■	■	E	R	R	■	B	O	L	E
A	L	O	H	A	■	P	A	C	E	■	E	X	A	M
N	A	V	A	L	■	E	R	A	T	■	A	I	D	E
S	W	I	T	C	H	F	S	■	R	E	D	D	E	N
■	■	■	■	O	O	P	■	S	A	L	■	E	N	D
S	L	E	E	V	E	■	M	O	C	H	A	■	■	■
H	A	L	V	E	■	F	O	R	T	I	F	I	E	D
O	I	S	E	■	B	L	O	T	S	■	R	O	U	E
W	R	A	N	G	L	E	R	S	■	M	O	U	R	N
■	■	■	T	R	I	E	S	■	L	A	S	S	O	S
E	D	O	■	A	N	T	■	H	A	N	■	■	■	■
D	A	M	A	S	K	■	N	I	G	G	L	I	N	G
G	I	N	S	■	E	K	E	D	■	L	O	G	I	N
A	R	I	A	■	R	O	B	E	■	E	L	E	N	A
R	Y	A	N	■	S	I	R	■	■	■	A	R	A	T

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destinations

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Fishing: Renowned for its rugged beauty and optimum conditions for a high trout population, the West Branch of the Ausable River is one of the most prized waterways among fly fishermen. Located near a prime stretch of the river, The Hungry Trout Resort's fly shop (5239 Route 86, Wilmington; 800-766-9137) provides daily stream reports, gear rental and guide services.

Paddle sports: The Saint Regis Canoe Area, northwest of Lake Placid, covers 18,400 acres of waterways designated for canoe and kayak use — no motors allowed. For rentals, guide services or just tips on trip planning, St. Regis Canoe Outfitters has locations in Saranac Lake (73 Dorsey St.; 518-891-1838) and at the edge of the St. Regis Wilderness (Floodwood Road at Long Pond Portage, Lake Clear; 518-891-8040).

For a less traditional afternoon on the water, try stand-up paddleboarding. Paddleboards provide an easy way to play on the park's more than 3,000 lakes and ponds. Eastern Mountain Sports (2453 Main St., Lake Placid; 518-523-2505) offers all the gear and instruction you need to get started, right out the store's back door on Mirror Lake.

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▶ Many peaks, such as Cascade Mountain, can be accessed directly off the roads near Lake Placid.

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Where to stay

Golden Arrow Lakeside Resort

Seeking adventure does not require roughing it. Golden Arrow Lakeside Resort is a lovely, comfortably appointed hotel located directly on Mirror Lake — swimming and paddle sports are inherently part of the deal here. Luxury and nature coexist at Golden Arrow — the only resort in the U.S. to receive a 5-Leaf status in the Audubon Society's eco-rating program, thanks to the hotel's sustainability efforts.

Need a little help planning your outdoors activity? The hotel has teamed with EMS to offer adventure packages that include guide services for a number of sports — plus a yummy boxed lunch of locally sourced food. (2559 Main St., Lake Placid; 518-523-3353. Regular room rates start at $159.)

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3

Bird brain

Lewis arrested for false alarm

Dion Lewis, a second-year Eagles RB, was arrested around 4 a.m. Saturday after pulling a fire alarm in a drunken stupor.

Dion and his older brother, Lamar, were locked out of their hotel and decided to pound on the glass doors before triggering the fire alarm, according to police.

They were charged with falsely reporting a fire, a felony, and misdemeanor reckless endangerment.

Opinion

ANGELO CATALDI

THE VOICE OF THE PHILLY SPORTS FAN

THROW OUT THE MANUEL AND MOVE ON

How many ill-conceived, pre-programmed decisions will it take before the love affair ends between Charlie Manuel and the fans? Can blind affection survive a horrific season? What will it take for the smartest fans in sports to see he is killing this team?

Metro does not endorse the opinions of the author, or any opinions expressed on its pages. Opposing viewpoints are welcome. Send submissions to letters@metro.us.

People who blame injuries or bad luck or dumb acquisitions have something in common this season. They are not watching every inning of every game, the way I am — like it or not — because of my convalescence from a major operation. And the way Manuel has managed is making me sick to my surgically repaired stomach.

In fact, he isn't really managing at all. He is deciding what to do long before games, when the pressure of actual thought is not required. Let me say this one more time: Charlie Manuel is the worst strategist in baseball, and the worst I have ever seen in a half-century of watching the game.

Quoted

Charlie Manuel is the worst strategist in baseball today.

The latest example was the critical loss last Friday night, when Kyle Kendrick had the best change-up of his career and had shut out Atlanta for seven innings on 89 pitches. Nevertheless, when the Braves sent up left-handed pinch-hitter Juan Francisco and his .226 batting average, Manuel summoned a slumping Antonio Bastardo, who promptly gave up five runs.

After the game, Manuel revealed the manner behind his mindless managing style. He said he had already decided that he didn't want Kendrick to face the top of the Atlanta order again. Instead, he got to hear the fans boo Bastardo off the mound after a grand slam by Brian McCann.

My only complaint is that the fans didn't boo Manuel just as hard. Bastardo should have never gotten into the game. Kendrick was having a brilliant night; Bastardo has been awful. Hello?

Finally, the spotlight seemed to move closer to Manuel when president Dave Montgomery had a closed-door meeting with the overmatched manager just before Sunday's loss. Witnesses said the skipper looked puzzled by the session — or exactly the way he has looked when required to think during any game this season.

All we know right now is that Montgomery asked Manuel to communicate better with his oblivious, underachieving players, though the manager admitted after the game that he had already tried everything to awaken his comatose team. Manuel even asked the reporters if they had any ideas.

Well, I have one. After watching Michael Martinez bat with a game on the line, after watching Chase Utley not bat in a similar spot last week, and after watching Jonathan Papelbon wasted repeatedly because Manuel uses his closer only in the ninth inning, my suggestion is for Manuel to find a new team to ruin.

Eventually, even his adoring fans will see the truth. It's time for him to go.

*– **Angelo Cataldi** is the host of 94 WIP's Morning Show, which airs weekdays 5:30 to 10 a.m.*

Sad reality is divorces are messy

The first instinct after news so stunning is to minimize it. Ah, nothing will change. Everything will be fine. Life goes on. But if you have ever endured the emotional upheaval of a divorce, you know better.

Jeff and Christina Lurie acknowledged on the Fourth of July that they are splitting up after 20 years of marriage. Jeff is the richest owner in Philadelphia history, a billionaire because of the Eagles. Christina is the most active wife of a sports owner in Philadelphia history, leader of the Eagles Youth Partnership and the brains behind the new look of the team in the mid-1990s.

In their joint statement, they assured everyone that they would continue to work together in overseeing the Eagles. If their situation is like mine and countless others, that goal will be a far greater challenge than they could ever imagine.

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▶ Jeff and Christina Lurie are splitting up after 20 years.

Because Jeff and Christina were married during their entire 17-year tenure as owners, they will probably have to split the team 50-50. In other words, Christina will either agree to equal say on running the team, or Jeff will have to come up with more than half a billion dollars to buy her out. Good luck.

And once Christina has equal say, what happens when the front office wants the next Mike Vick and she is appalled by that idea? Who wins that battle?

The truth is, no one wins when there is a divorce. And in the case of Jeff and Christina Lurie, that includes the fans of the Eagles.

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Idle thoughts from Cataldi

1 Hunting season over. Am I the only one who found Hunter Pence quirky and fun last season, but now sees him as awkward and dumb? He is a terrible right fielder, and the worst situational hitter on the Phillies. If the team does become a seller in the weeks ahead, I would include Pence on that list.

2 Match game. There may still be hope for the Phils to re-sign Cole Hamels. People closest to him are saying now that he will stay here if the Phillies match his biggest offer, which will probably come from the Dodgers. At all costs, the Phils must do that.

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3 Say it ain't so, Joe. So now it appears that Joe Paterno talked his bosses out of reporting convicted child molester Jerry Sandusky to authorities 11 years ago, in an effort to preserve the reputation of Penn State and — of course — himself. If this is true, shame on every Penn State fan who still idolizes him.

4 New Vick, same tricks. Every time Mike Vick begins to convince people he is genuine in his personality rehab, he does something that defies logic. He staged a $300,000 wedding while still facing a $400,000 debt from his pre-prison bankruptcy. The new Mike Vick still seems a lot like the old one to me.

5 Call him Mr. Personality. How many Eagles fans would have ever bet that coach Andy Reid would outlast the two people closest to owner Jeff Lurie — his wife, Christina, and best buddy, president Joe Banner? It must be Reid's winning personality.

ANGELO CATALDI

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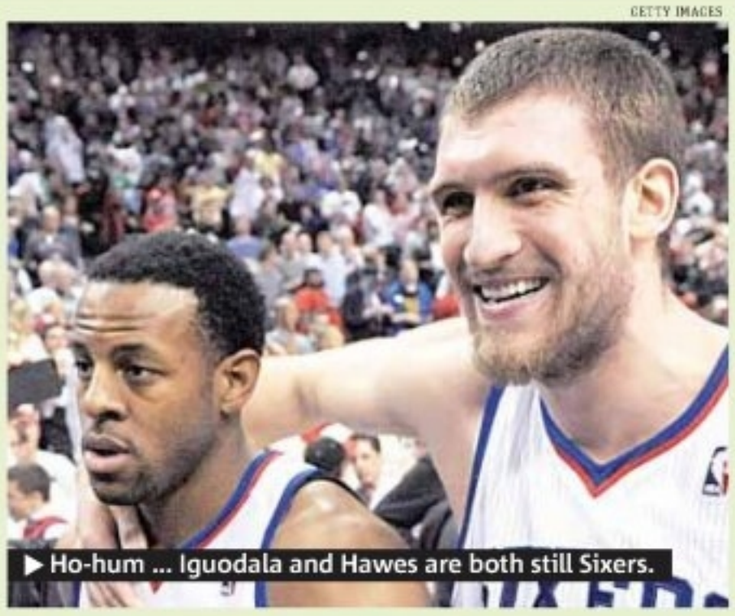

▶ Ho-hum ... Iguodala and Hawes are both still Sixers.

Prepare for long winter, Sixers fans

If the fortunes of a sports franchise are dictated by the moves made in the offseason, Philadelphia fans can expect an especially harsh winter ahead. For the Sixers and Flyers, this is truly a summer of failure.

What has become painfully clear about the upstart Sixers is their new ownership is better at talking a good game than playing one. While marquee players flew across the NBA landscape last week, the Sixers managed to re-sign the softest player on their roster, Spencer Hawes, to a two-year deal, sign Nick Young to replace his NBA twin, Lou Williams, and to dump Elton Brand.

Place on mute all of the bloviating by CEO Adam Aron for a moment and ask yourself one simple question: Are the Sixers any better now than they were at the end of the season?

Uh, no. And they won't be any better as long as the face of the franchise is Andre Iguodala, who is like a cockroach in a nuclear war — the ultimate survivor.

Meanwhile, the Flyers are always aggressive both at pursuing the top players available and then twisting the facts to serve their purposes. After Zach Parise and Ryan Suter turned down offers totaling at least $200-million combined and headed to Minnesota, GM Paul Holmgren proclaimed that he was very happy with the offseason so far.

Really? He added two scrubs, Ruslan Fedotenko and Bruno Gervais, traded James van Riemsdyk for Luke Schenn, and lost Jaromir Jagr, Matt Carle and Sergei Bobrovsky. Are the Flyers better? No way. They are not as deep and not as good.

I'm no meteorologist, but the forecast ahead — based on the offseason so far — is for a winter of discontent for Philadelphia sports fans.

ANGELO CATALDI

Cain gets start for NL, Chooch to catch Dickey

◗ La Russa chooses Giants righty over knuckleballer ◗ Ruiz expected to enter with Mets ace in fifth or sixth ◗ Verlander gets nod for American

Tony La Russa caused a bit of a stir yesterday when he named Matt Cain the starting pitcher for the National League in tonight's All-Star Game.

Cain, who threw a perfect game last month, got the nod over Mets ace R.A. Dickey. The stats favor Dickey: Cain (9-3, 2.62 ERA) vs. Dickey (12-1, 2.40 ERA). However, it appears La Russa had concerns over Dickey's signature knuckleball.

"There is an issue about catching him and what spot to use him," Dickey told reporters last week. "His season has gotten everybody's attention, including our staff's, and we're talking about the best way to just win the game with the personnel. And how we use Dickey will be a part of that."

To that end, La Russa revealed that Phillies catcher Carlos Ruiz will be the one to catch Dickey. The retired manager expects the battery to enter in the fifth or sixth inning. Ruiz has never caught a knuckleball in the majors.

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▶ Dickey is enjoying a Cy Young-caliber year with a 12-1 record and 2.40 ERA. He also has 123 strikeouts and 0.93 WHIP.

Star search

MLB's All-Star Game will take place today (8 p.m., FOX) in Kansas City. Here's the starting lineups:

National League
1. Carlos Gonzalez, DH
2. Melky Cabrera, CF
3. Ryan Braun, LF
4. Joey Votto, 1B
5. Carlos Beltran, RF
6. Buster Posey, C
7. Pablo Sandoval, 3B
8. Dan Uggla, 2B
9. Rafael Furcal, SS

Starter: Matt Cain, RHP

American League
1. Derek Jeter, SS
2. Robinson Cano, 2B
3. Josh Hamilton, LF
4. Jose Bautista, RF
5. Prince Fielder, 1B
6. Adrian Beltre, 3B
7. David Ortiz, DH
8. Mike Napoli, C
9. Curtis Granderson,CF

Starter: Justin Verlander, RHP

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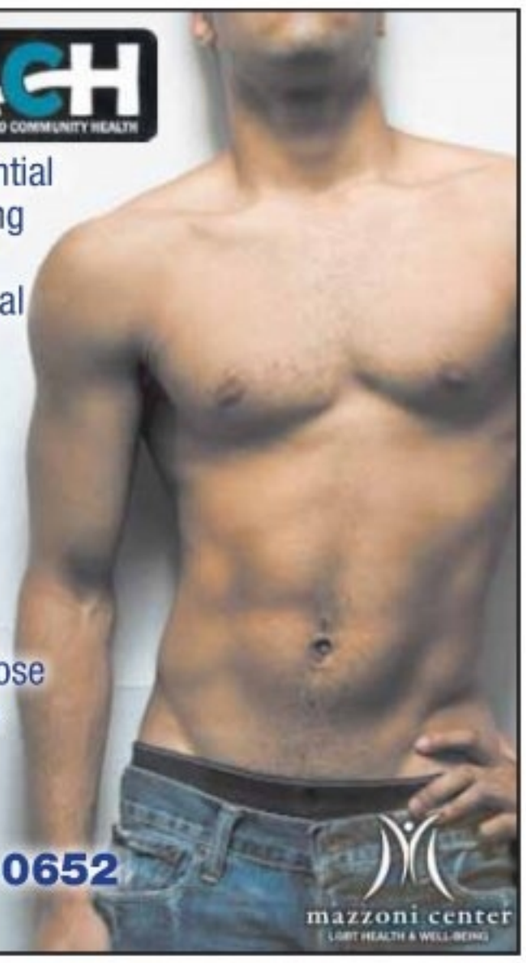

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